



**Tomah VA Medical Center
VA Center for Development and Civic Engagement (135)
500 East Veterans Street
Tomah, WI 54660
608-372-1727
VHATOMVoluntaryService@va.gov
Office Hours: 0600-1430 Monday-Friday, Closed Holidays**

Upcoming Special Events: *please see page 2 for additional activities that could use assistance

1/22/24—LIVE Music 1:30pm, 455, Veterans Hall

1/30/24 Creative Arts Coffeehouse 6:00pm, 455, Veterans Hall

Volunteer Reminders

1. **Annual Review** — PLEASE read through all 4 pages to ensure you understand expectations as Tomah VA Volunteer. Pages 5 and 6 need to be signed/completed and returned to remain an active volunteer. This was included in your December newsletter you should have received via USPS.

December is always a busy month in CDCE with all the special events, increase in holiday donations and special visitors of all ages requesting to carol around campus. A special thank you to all our volunteers and community partners for another memorable year. We look forward to working with you in the new year!



Happy New Year,
Jen, Cindy, Heath and Deb

January 2025

Tomah VA Free Choice Activities—All Veterans Welcome

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>*Need medical clearance & appointment for adaptive sports events</p>	<p>VA Library Open</p> <p>Monday-Friday 8:00am-4:00pm</p>		<p>1 New Years Day</p> <p>3:00pm-7:00pm Open Bowling Alley (bldg. 406; room 1615)</p>	<p>2</p> <p>2:45pm Catholic Mass, VA Chapel</p>	<p>3</p> <p>1:00-2:30pm Archery Clinic, Bldg. 15</p> <p>5:30--7:30pm Open Bowling Alley (bldg. 406; room 1615)</p>	<p>4</p> <p>9:00am-12:00pm VA Library Open</p> <p>1:30 Bingo (ALA State) Bldg. 455; Veterans Hall</p>
<p>5</p> <p>9:00am-12:00pm VA Library Open</p> <p>1:00 Protestant Service, VA Chapel</p>	<p>6</p> <p>1:30pm Day at the Races (AMVETS) Bldg. 455; Veterans Hall</p> <p>5:30--7:30pm Open Bowling Alley (bldg. 406; room 1615)</p>	<p>7</p> <p>9:00am-11:00am Open Bowling Alley (bldg. 406; room 1615)</p>	<p>8</p> <p>*1:00-2:30pm Nat'l Events Clinic, Bldg. 15</p> <p>1:30 Bingo (ALA Elroy) Bldg. 455; Veterans Hall</p> <p>2:45pm Catholic Mass, VA Chapel</p>	<p>9</p>	<p>10</p> <p>5:30--7:30pm Open Bowling Alley (bldg. 406; room 1615)</p>	<p>11</p> <p>9:00am-12:00pm VA Library Open</p>
<p>12</p> <p>9:00am-12:00pm VA Library Open</p> <p>1:00 Protestant Service, VA Chapel</p>	<p>13</p> <p>5:30--7:30pm Open Bowling Alley (bldg. 406; room 1615)</p>	<p>14</p> <p>*12:30-2:30 Air Rifle Clinic Bldg. 15</p>	<p>15</p> <p>*1:00-3:00pm Pickleball Clinic; Bldg. 15</p> <p>1:30 Bingo (VFWA State) Bldg. 455; Veterans Hall</p> <p>2:45pm Catholic Mass, VA Chapel</p> <p>3:00pm-7:00pm Open Bowling Alley (bldg. 406; room 1615)</p>	<p>16</p>	<p>17</p> <p>1:00-2:30pm Archery Clinic, Bldg. 15</p> <p>5:30--7:30pm Open Bowling Alley (bldg. 406; room 1615)</p>	<p>18</p> <p>9:00am-12:00pm VA Library Open</p>
<p>19</p> <p>9:00am-12:00pm VA Library Open</p> <p>1:00 Protestant Service, VA Chapel</p>	<p>20</p> <p>Martin Luther King, Jr. Day</p> <p>5:30--7:30pm Open Bowling Alley (bldg. 406; room 1615)</p>	<p>21</p> <p>9:00am-11:00am Open Bowling Alley (bldg. 406; room 1615)</p>	<p>22</p> <p>1:30pm Music by "Timed Out" Bldg 455, Veterans Hall</p> <p>2:45pm Catholic Mass, VA Chapel</p> <p>3:00pm-7:00pm Open Bowling Alley (bldg. 406; room 1615)</p>	<p>23</p>	<p>24</p> <p>5:30--7:30pm Open Bowling Alley (bldg. 406; room 1615)</p>	<p>25</p> <p>9:00am-12:00pm VA Library Open</p>
<p>26</p> <p>9:00am-12:00pm VA Library Open</p> <p>1:00 Protestant Service, VA Chapel</p>	<p>27</p> <p>5:30--7:30pm Open Bowling Alley (bldg. 406; room 1615)</p>	<p>28</p> <p>6:00pm Bingo (DAV—Ch. 27) Bldg. 455; Veterans Hall</p>	<p>29</p>	<p>30</p> <p>6:00pm -7:30pm Creative Arts Coffeehouse (open mic night) Bldg. 455; Veterans Hall</p>	<p>31</p> <p>5:30--7:30pm Open Bowling Alley (bldg. 406; room 1615)</p>	

Current Needs List

- **NEW!** Joy for All Companion Pets—DOGS only
- **NEW!** Winter Gloves (XL)
- **NEW!** Winter Coats (Mens 3XL)
- **NEW!** Baby Diapers (Size 1 or 2)
- **NEW!** Men's underwear (S & M)
- **NEW!** Men's Tennis Shoes (size 10)
- **NEW!** Men's snow boots (Sizes 7, 10, 11)
- Canteen books (\$1.00) for CLC activities (Please purchase directly from VCS)
- Reading Glasses (all strengths)
- Regular and Decaf Coffee—large tubs for units
- Hot Chocolate, Regular and sugar free
- Suspenders
- Men's sweatpants (M, L, 3XL, 4XL)
- Men's belts—32"-34" waist
- Men's or Women's Flannel Shirts (M, L, XL, 2XL)

DONATIONS NEEDED
Can you help??



Current Volunteer Needs

- **BIGGEST NEED: 455 Activities**—Volunteers to assist inpatients to scheduled 455 activities (see page 2)
*if we don't have a enough volunteers, we may have to move activity to unit instead of hospital wide.
- **Drivers for VTS** (Wheelchair vehicles), weekend coverage as able (Dialysis)
- **Blue Team BTSSS Computer Assistant** - assist Veterans with **My HealtheVet** and BTSSS Portal
- **Wausau Outpatient Clinic Greeter**
- **Bowling Alley Volunteers:** open bowling alley, assist bowlers with getting shoes, ball, electronic scoring.
- **Chapel Volunteers**—escort inpatient Veterans to Chapel as scheduled:
 - Sundays at 1:00pm - Protestant
 - Wednesdays at 2:45pm - Catholic Mass
- **Recreation Volunteers (fishing, games, visiting, music, art)**— to assist with programming and 1:1 visits with inpatient Veterans
- **Compassionate Contact Corps**—virtual volunteers to call Veterans from comfort of your own home (average 15 minute commitment /week)
- **Coffee Cart Volunteers** - Outpatient Clinic locations (Wausau, Wisconsin Rapids, La Crosse)



Veteran Creative Arts Coffeehouse

Join us for an open mic night celebrating the Creative Arts.

Veterans can:

- Bring artwork to display and share about it
*Staff reserve the right to withhold artwork from display areas
- Sing a song that is special to you
- Perform a short drama or dance
- Share your original creative writing

We invite Veterans, family, friends, and community members to come and view the artwork and performances.

When:

6:00 p.m. - 7:30 p.m.

Thursday, January 30, 2025

Where:

Tomah VA Medical Center
500 E. Veterans Street, Building 455, Veterans Hall
Tomah, WI 54660

For more information, contact:

Bethany Riedel, MT-BC
Music Therapist and Tomah VAMC Creative Arts Festival Co-Chair
608-377-1308 or 1-800-872-8662, Ext. 61262



Light refreshments are provided.

VA



U.S. Department of Veterans Affairs
Veterans Health Administration
Tomah VA Medical Center

VHE 5024 10-2024

New Parking Tags **for Volunteers driving personal Vehicles (not DAV vans) and parking at Tomah VA Attention all Staff, Students, and Volunteers, Police Services has new parking placards. Per SOP 006S-10 all individuals are required to obtain this new placard. Please fill out the Vehicle Registration Parking Permit form (attached) and come to the Police department in building 407 room 1717 in order to receive your placard. **Please bring the following items with you:**

1. Your Driver's License
2. Prior-issued parking tag (if in possession)
3. Filled out [vehicle registration parking permit form](#)

Upon issuance of the placard, place on the interior rear-view mirror facing out through the windshield or on the dashboard facing outwards. Upon sale of vehicle or separation from VA employment, employees must notify VA Police, remove the parking permit, and return them to VA Police.



Veterans Affairs Police Vehicle Registration Parking Permit
 500 E. Veterans St. Tomah, WI
 54660

Return this form to the VA Police Service (Building 407/Room 1709) when complete.
 Please Print Legibly. *This form is optional.

TYPE Known	VETERAN STATUS Non-Veteran/Veteran	EMPLOYEE STATUS Employee/Other	
LAST NAME	FIRST NAME	MIDDLE NAME	SUFFIX
DOB	AGE	SEX	RACE
ID Type Driver License	Issue State	ID Number	Expiration Date
Address Home	Address Detail		
Phone Number Type Home/Mobile/Work	Phone Number	Work Area (Ward/Service)	
1 st Vehicle Year	Vehicle Make	Vehicle Model	Vehicle Color#1
License Plate Number	State	Plate Location Front/Back/Both	
Rec. Exp. Month	Rec. Exp. Year	VIN	
2 nd Vehicle Year	Vehicle Make	Vehicle Model	Vehicle Color#2
License Plate Number	State	Plate Location Front/Back/Both	
Rec. Exp. Month	Rec. Exp. Year	VIN	
3 rd Vehicle Year	Vehicle Make	Vehicle Model	Vehicle Color#3
License Plate Number	State	Plate Location Front/Back/Both	
Rec. Exp. Month	Rec. Exp. Year	VIN	